

WHEN GAMBLING BECOMES A PROBLEM

888-ADMIT-IT



The first step in getting help with a gambling problem is admitting that you have one.

It is estimated that more than one million Floridians suffer from gambling related problems. These aren't just statistics. These are human lives. If one of them is yours or someone you care about, contact us today.

24-Hour HelpLine
888-ADMIT-IT
(236-4848)



FLORIDA COUNCIL ON
**COMPULSIVE
GAMBLING**

www.gamblinghelp.org

WARNING SIGNS

Are you or someone you know:

- Preoccupied with gambling?
- Increasing bets to sustain thrill?
- Becoming irritable when trying to cut back?
- Gambling as an escape from feelings or problems?
- Chasing losses?
- Lying to conceal activity?
- Financing bets through illegal acts?
- Jeopardizing significant relationships?
- Relying on financial bailouts?
- Failing in effort to control or stop gambling?

If you answered yes to any of these questions, gambling may be a problem.

For confidential help,
call the FCCG
24-hour HelpLine:

888-ADMIT-IT
(236-4848)